

## AN INTRODUCTION

This tailored cycling tour designed by Pedal Taiwan offers a unique opportunity to ride stunning and challenging routes in one of the most beautiful corners of the world.

With its imposing mountain ranges, rolling paddy fields, gorgeous ocean roads, ultra-modern cycle lanes and world-famous cuisine, Taiwan provides the perfect blend of safety, comfort and adventure to make it an ideal location to explore by bike.

With a highly experienced guide and a support vehicle with you at all times, you can simply relax and enjoy the ride, as well as savour the delights Taiwan has to offer: think night markets, national parks, temples, waterfalls, natural hot springs and so much more!

This tour is perfect for any cyclists who want to discover the incredible treasures of Taiwan, or for anyone looking for some warm weather training!

Each accommodation has been vetted and hand-picked to ensure top service - we only use local hospitality providers and businesses in order to protect the local economy and support sustainable practices.

Your trip has been coordinated by Rob.

Any questions or concerns, get in touch!

Direct line: +44 (0)203 488 6998

## ARRIVAL & TRANSFER TO HUALIEN

DAY 1

Arrival into TPE Airport and transfer to the starting location of the tour – Hualien. After a quick briefing, our local guide will show you around the famous night market (one of the biggest in Taiwan) and give you a first taste of Taiwanese street food!



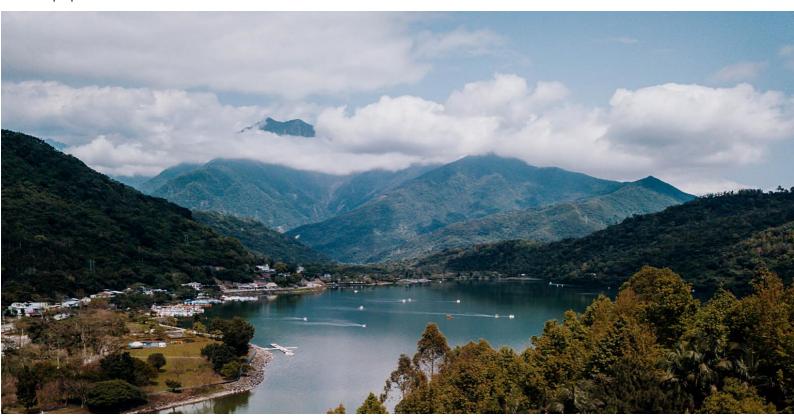


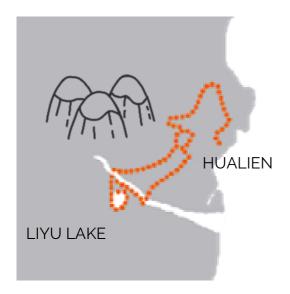
Taiwan - everything
you could ask for
from a cycling
adventure rolled
into one neat little
island

### LIYU LAKE

#### DAY 2

A slightly easier riding day, but with no less beauty. We begin with a relaxing ride along the river out of downtown Hualien, stopping to wonder at Martyr's Shrine on the way. A beautiful piece of traditional Chinese architecture, it's a reminder of the heritage of the majority Han Chinese population in Taiwan.





Following the river out of the city, we quickly find ourselves surrounded by lush countryside, with the imposing central mountain range towering out of the earth to our right.

Approximately 25km into our ride we arrive at Liyu Lake, perhaps the most idyllic spot on the whole island. Grab your swimming stuff and take a dip in the cool waters whilst our guide prepares a traditional Taiwanese BBQ for you.

After lunch you can decide to ride back to the city or simply jump in the van!

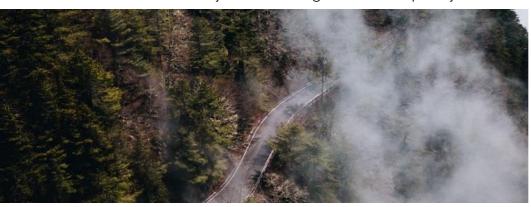
TOTAL CLIMB: 492M



### HUALIEN TO WULING PASS

DAY3

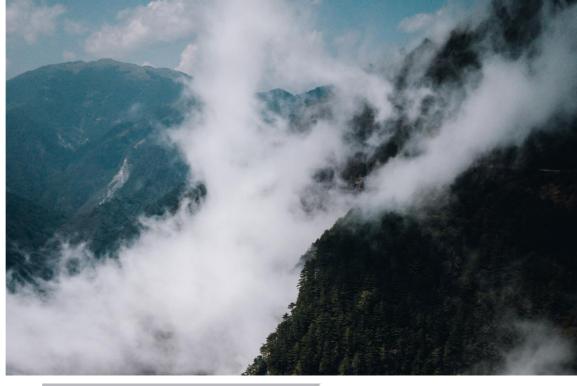
One of the toughest cycling routes in the world, no cycling trip in Taiwan would be complete without attempting the route of the **Taiwan KOM Challenge** up Taroko Gorge. Won in 2017 by Vincenzo Nibali and Britain's Emma Pooley, this climb is guaranteed to push you to the limit.



Alarms will be set early for our huge day of climbing through the amazing Taroko Gorge. As we wheel out of town the first 20km is a flat warm up for what is to come – 87km of climbing, winding up through the gorge.

We'll pass over stunning bridges, through tunnels and on some spectacular stretches of tarmac as we climb ever higher. We'll stop frequently to refuel, take on water and simply to admire the views. After 65km there's a quick descent to take you to the base of the final climb - 1000m of high altitude climbing over 18km on one of the world's most stunning

roads.





TOTAL DISTANCE: 108.1KM

**TOTAL CLIMB: 4245M** 

## LISHAN TO JIAOXI

DAY 4

With the exertions of the day before, you'll no doubt be glad to hear that this will be one of the quickest 100km rides you'll do in your life. Two small climbs are hidden in a day of descending, as we ride back down the other side of the mountain we came up the previous day.



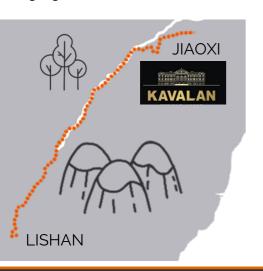
The advantage of this quicker ride is that it will give us plenty of time to enjoy all the other treats of Yilan county.

We'll finish at the Kavalan

Whiskey distillery, where we can enjoy a tour of the facilities followed by whiskey tasting for those who'd like to.

After a couple of first-class single malts, you may be in the mood for a hot bath, and luckily Jiaoxi hot springs are just the place!

Depending on just how much whiskey you've sampled, it's a short 20km ride or an even shorter drive back to our gorgeous accommodation in Jiaoxi.



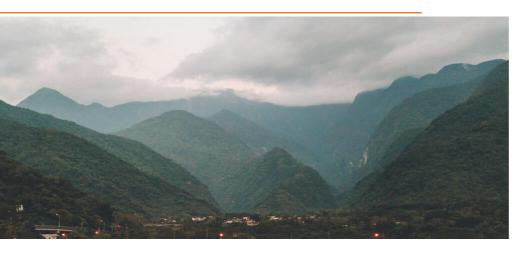


TOTAL DISTANCE: 102.6KM

**TOTAL CLIMB: 1630M** 

# JIAOXI TO TAIPEI

DAY 5



Our last day before returning to Taipei starts with a steady 12km climb out of Yilan County. The rolling road takes us through the forested Pinglin District to the final major climb of the tour, a sharp ascent up to our high point for the day of 600m.

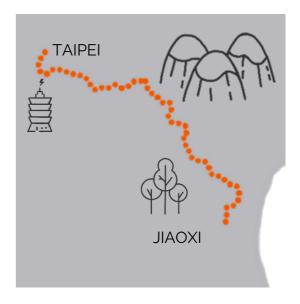
Once at the summit it is downhill all the way into Taipei, where we'll cruise through Fe De Keng, Taipei's ancient cemetery.

Finally we will finish our ride along the cycle path that runs along the bank of the Tamsui River.



We'll arrive into town around mid-afternoon with plenty of time to catch an evening flight if needed.





TOTAL DISTANCE: 79.5KM

TOTAL CLIMB: 1551M

