# PEDAL TAIWAN

DESIGNED BY CYCLISTS, FOR CYCLISTS

# 5 DAYS HUALIEN COUNTY



## **AN INTRODUCTION**

This cycling tour designed by Pedal Taiwan offers a unique opportunity to ride stunning and challenging routes in one of the most beautiful corners of the world.

With its imposing mountain ranges, rolling paddy fields, gorgeous ocean roads, ultra-modern cycle lanes and world-famous cuisine, Taiwan provides the perfect blend of safety, comfort and adventure to make it an ideal location to explore by bike.

With a highly experienced guide and a support vehicle with you at all times, you can simply relax and enjoy the ride, as well as savour the delights Taiwan has to offer: Think night markets, national parks, temples, waterfalls, natural hot springs and so much more! This tour is perfect for any cyclists who want to discover the incredible treasures of Taiwan, or for anyone looking for some warm weather training!

Each accommodation has been vetted and hand-picked to ensure top service - we only use local hospitality providers and businesses in order to protect the local economy and support sustainable practices.

Your trip has been coordinated by Rob. Any questions or concerns, get in touch!

Direct line: +44 (0)203 488 6998



#### **TRANSFER TO HUALIEN**

DAY 1 Transfer from Taipei to Hualien and visit of Taroko Gorge

#### LIYU LAKE

DAY 2 Fabulous day ride in and out of Hualien city to nearby Liyu Lake.

#### DAY 3

#### HUALIEN TO RUISU

Scenic ride through the heart of the rift valley. Stunning paddy fields and a Japanese hot spring.

DAY 4

#### **RUISUI TO CHENGGONG**

DAY 5

A fabulous climb over the eastern

mountain range, and a night next to the Pacific Ocean

CHENGGONG TO TAITUNG

Final stretch of coastline, stopping at Sanxiantai Bridge before a transfer back to Taipei.

# 968 OF DEDICATED CYCLE LANES

### ARRIVAL & TRANSFER TO HUALIEN

DAY 1

Arrival into TPE Airport and transfer to the starting location of the tour – Hualien. After a quick briefing, our local guide will show you around the famous night market (one of the biggest in Taiwan) and give you a first taste of Taiwanese street food!





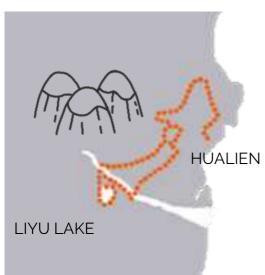
Taiwan - everything you could ask for from a cycling adventure rolled into one neat little island

## LIYU LAKE

#### DAY 2

A slightly easier riding day, but with no less beauty. We begin with a relaxing ride along the river out of downtown Hualien, stopping to wonder at Martyr's Shrine on the way. A beautiful piece of traditional Chinese architecture, it's a reminder of the heritage of the majority Han Chinese population in Taiwan.





Following the river out of the city, we quickly find ourselves surrounded by lush countryside, with the imposing central mountain range towering out of the earth to our right. Approximately 25km into our ride we arrive at Liyu Lake, perhaps the most idyllic spot on the whole island. Grab your swimming stuff and take a dip in the cool waters whilst our guide prepares a traditional Taiwanese BBQ for you. After lunch you can decide to ride back to the city or simply jump in the van!

> TOTAL DISTANCE: 55KM TOTAL CLIMB: 492M

# THE

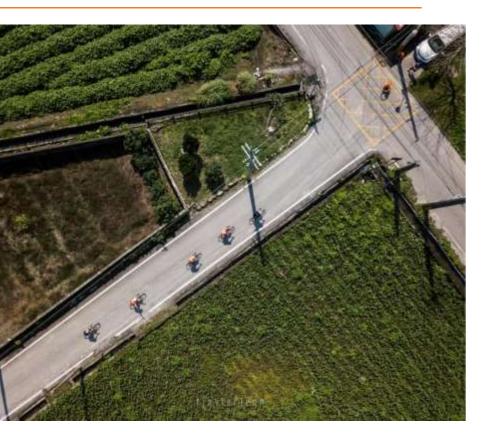
# WORLD'S LONGEST ROAD CLIMB

# TAIWAN KOM CHALLENGE

PEDAL TAIWAN

### HUALIEN TO RUISUI

DAY 3

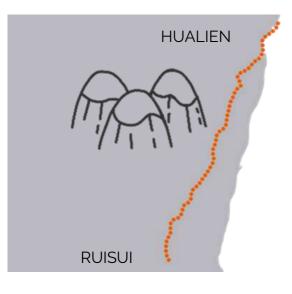


We start our journey heading through the picturesque Huatung Valley.

Our route takes us meandering through the paddy fields and small villages of the famous rift valley, all framed by imposing mountains and vast rivers to the right-hand side.

Although we're following a river valley, a few short and gentle climbs can be found along the way to our evening stop at Ruisui.

Relax on arrival with a soak in an original Japanese hot spring set in the base of the mountains, and one of our favourite restaurants in the whole island!





TOTAL DISTANCE: 73.9KM TOTAL CLIMB: 1213M

## RUISUI TO CHENGGONG

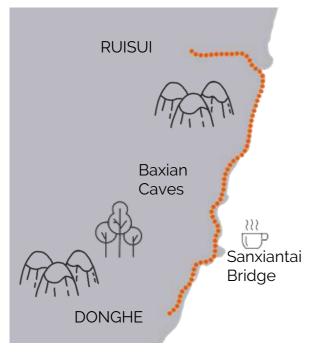
DAY 4

We start the day by sharply climbing 200m over the Haian Range and out of the rift valley, before dropping back down to the Pacific Ocean.

We'll head south along the spectacular coastline (crossing the Tropic of Cancer in the process) and will stop at the Baxian Caves, large sea caves that have become famous for their Old Stone Age ruins.



From there we will continue down to Sanxiantai Bridge, a formidable piece of architecture designed to resemble a dragon, connecting the mainland to the 'Island of the Three Immortals'.



After a walk around the island, and a quick snack of local treats overlooking this incredible manmade structure, we'll head just a few kilometers further south to our fabulous mingsu looking out over the Pacific ocean.

A quick freshen up and it's time for dinner, and some of the freshest sashimi to be found anywhere on the planet!

### TOTAL DISTANCE: 87.8KM TOTAL CLIMB: 1031M

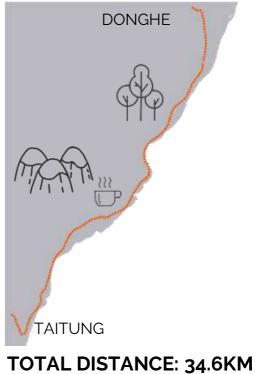
# A SMALL COUNTRY WITH A LOT TO OFFER

### CHENGGONG TO TAITUNG

The final day riding should be an easy cruise along the coast. Taking a short break to see Donghe's famous 'River running Uphill' (trust us, you'll be amazed!), we should arrive into Taitung for an early lunch, before transferring you to your final destination.







TOTAL CLIMB: 124M