



7 DAYS
NORTHERN ADVENTURES

Contact us at pedaltaiwan.com

FULL ITINERARY

Day 1:

Arrival into TPE Airport and transfer to our hotel in the heart of Taipei. After a quick briefing our local guide will show you around Ximen night market and give you a first taste of Taiwanese street food!



Day 2: MAOKONG TEA HOUSES (67km)

The first thing we need for a bike tour, is bikes. So to kick things off, our amazing support crew will help you assemble your own bikes, or get you perfectly fitted to our hire bikes.

To give them a proper test, we'd recommend heading out on our optional ride for the day. A short 30 km heading out of Taipei city will bring us to Maokong mountain, where you can enjoy a hot lunch and some of the best tea in the world, at one of their famous mountain teahouses.

Back at the hotel by mid-afternoon, there's plenty of time remaining for you to shower and change, before heading off to see some of the sights of the city.

Of course, no day exploring Taipei would be complete without sampling some of the incredible food that it has to offer, and so our guide will take you to a couple of local secrets for a treat or two!



7
UNFORGETTABLE
DAYS



Day 3:

Start: Taipei

Lunch: Shifen (33km)

End: Keelung

Total Distance: 65.2km

Total Climb: 1195m

We'll ease you into the adventure on our first full ride day with a 15km cruise through the eastern suburbs of Taipei, passing the former tallest building in the world, Taipei 101, and climb into the foothills surrounding the city before stopping for a coffee at Shiding.

From here we'll gently climb through lush forest to Shifen Old town where we'll eat lunch at a local restaurant. After refueling, we'll head a couple of kilometers up the valley to visit

Shifen Waterfall – perhaps the most famous in Taiwan. From the waterfall, the road climbs up into the hills before we hit the day's high point of just under 500m.

The final 25km stretch takes us down into the port city of Keelung, where our recommended restaurant offers some of the finest seafood in the country.



Day 4:

Start: Keelung

Coffee: Jiufen (15km)

Lunch: Sandiaojiao (59km)

End: Jiaoxi

Total Distance: 86.6km

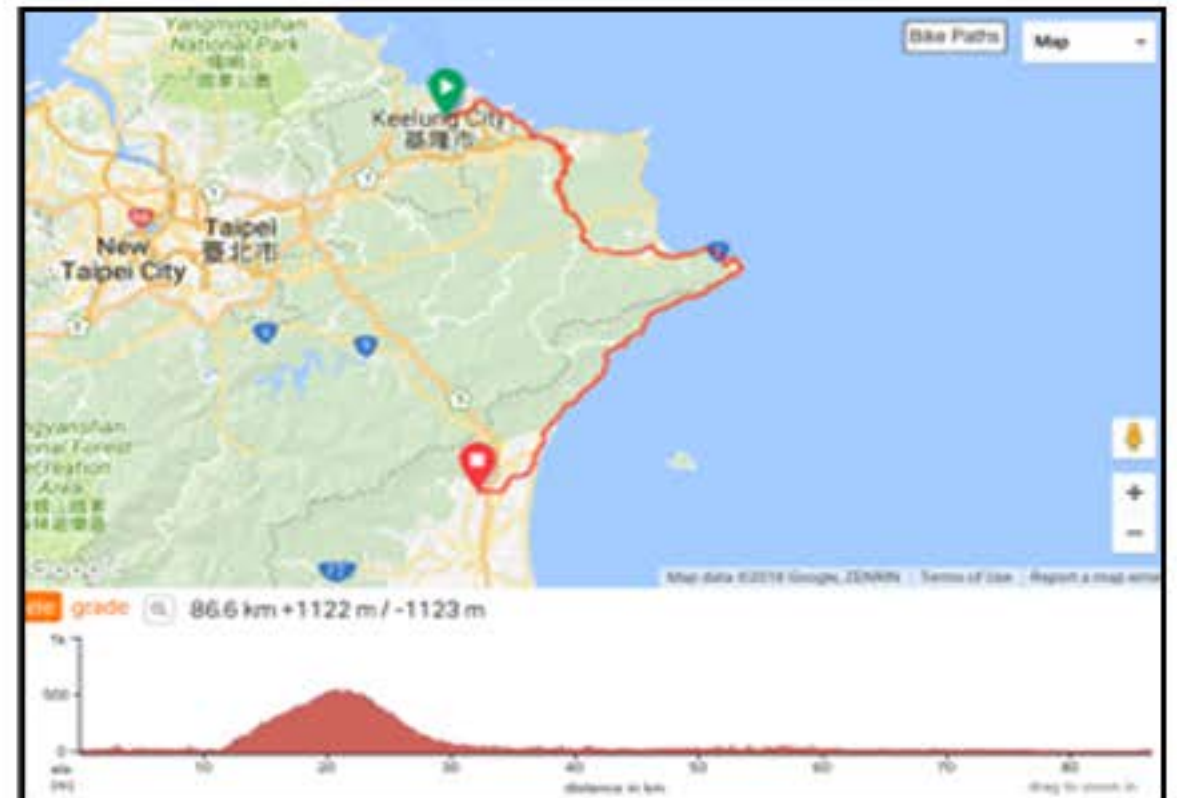
Total Climb: 1122m

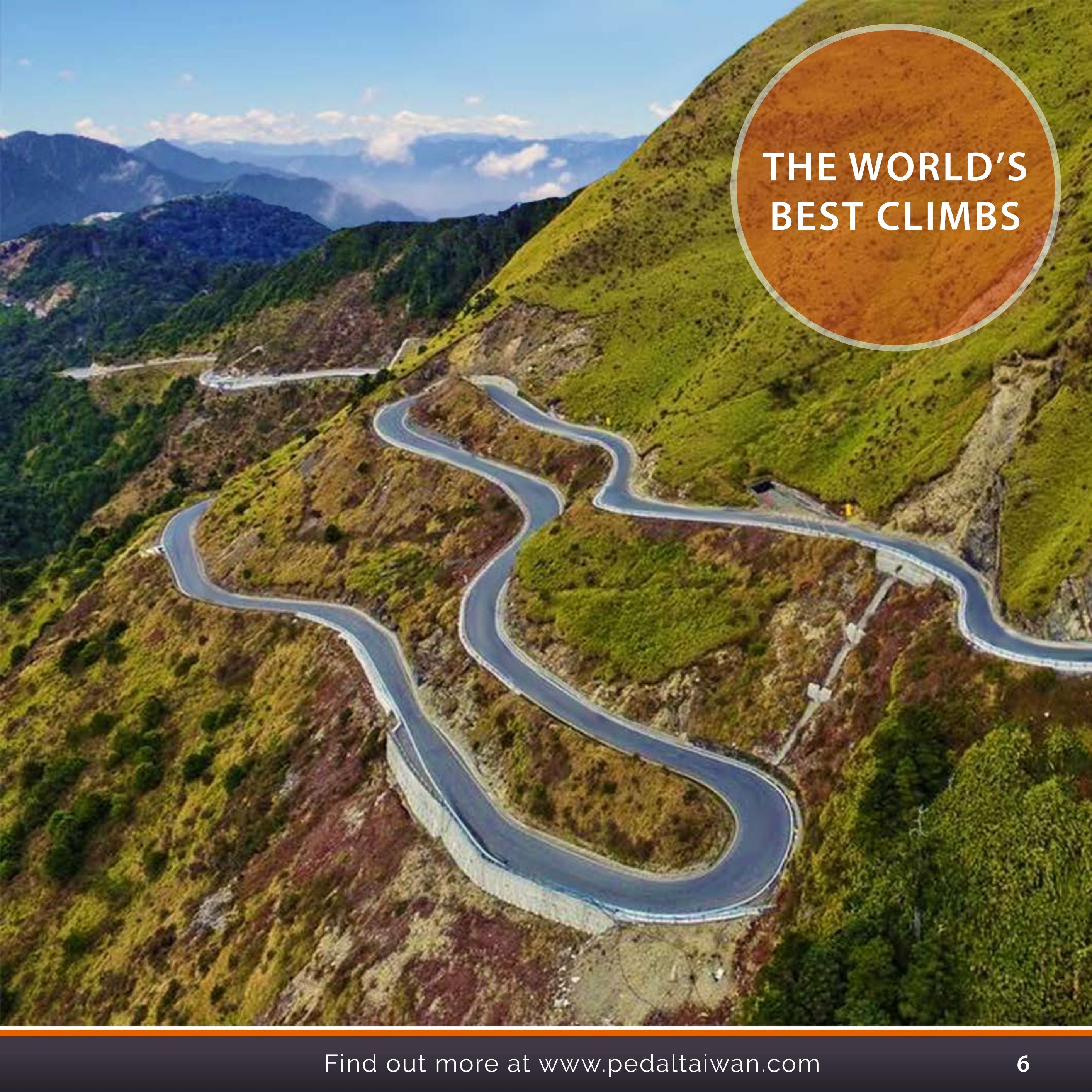
Day 4 starts with a gentle cruise along the Pacific coastline, passing the golden waterfall, before we climb 250m upwards to the historic mining town of Jiufen.

Built back in the gold rush at the turn of the 20th century, the narrow lanes, tearooms and views of the ocean will make for a perfect morning break.

A further 250m of climbing takes us to the day's high point before we meander down through the forest to lunch at Sandiaojiao.

The final stretch takes us along the flat coastline towards our final stop in Jiaoxi, famous for its luscious paddy fields and natural hot springs.



An aerial photograph of a winding asphalt road on a mountain. The road is dark grey and curves through a landscape of green and brown vegetation. In the background, there are more mountains under a blue sky with some clouds. A large orange circle is overlaid on the top right of the image.

THE WORLD'S BEST CLIMBS

Day 5:

Start: Jiaoxi

Finish: Taipei

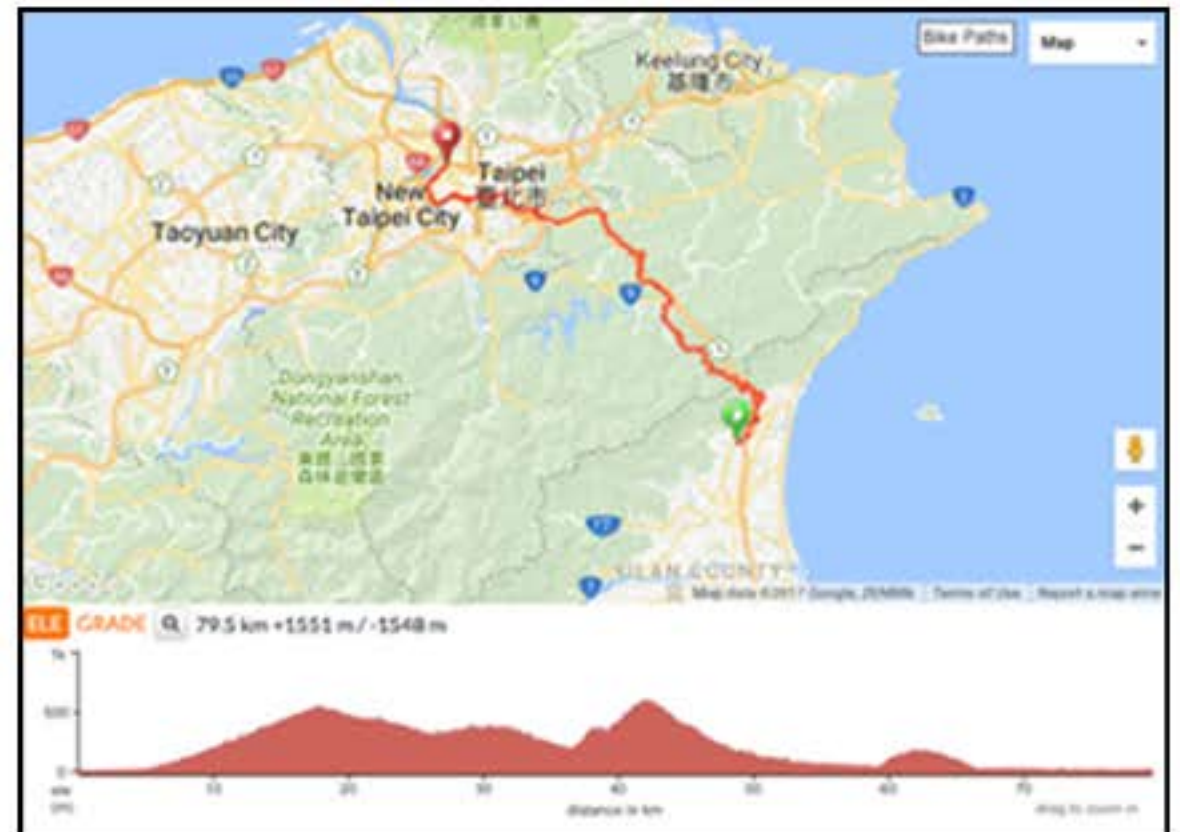
Distance: 79.5km

Total climb: 1551m

Our final day before returning to Taipei starts with a steady 12km climb out of Yilan County. The rolling road takes us through the forested Pinglin District to the final major climb of the tour, a sharp ascent up to our high point for the day of 600m.

Once at the summit it is downhill all the way into Taipei, where we'll cruise through Fe De Keng, Taipei's ancient cemetery. Finally we will finish our ride along the cycle path that runs along the bank of the Tamsui River.

We'll arrive into town around mid-afternoon with plenty of time for some sightseeing before we head out for dinner at a famous Taipei hotpot restaurant.



Day 6: YANGMINSHAN NATIONAL PARK

Our final day on the bike is another day ride in and out of Taipei. However, this time instead of heading south towards the tea plantations at Maokong, we'll head north to Yangminshan National Park.

The park consists of 3 live volcanoes, as well as some stunning quiet back roads, alpine style climbs, and of course unparalleled views of the city below.

There will be easier and tougher routes for those who really want to push themselves on the last day.

Either way, there will be plenty of time in the evening to explore Taipei's most loved night market - Raohe.

Your fabulous guides will accompany you through the bustling streets to find you local delicacies and secret treats!





CNN VOTED
WORLD'S
FINEST
CUISINE

Day 7:

A morning exploring some of the sights of the city, before your transfer to TPE International Airport. We'll be sad to see you go!

